**KINDERGARTEN READINESS CHECKLIST**

Not sure if your child is ready to tackle the world of kindergarten? This checklist has been developed to help you prepare your child for school. It is a GUIDE designed to help you look at your child’s physical, social, emotional and academic development. It is intended for FOUR AND FIVE YEAR OLDS. The criteria on the checklist should not be applied to children three years old or younger.

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<thead>
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<th>I can do this consistently</th>
<th>I am making progress</th>
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<tbody>
<tr>
<td><strong>CRITERIA</strong></td>
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### Letters and Words
- Recognizes and names at least 10 letters of the alphabet, especially those in his/her name.
- Matches beginning sounds with objects, for example: matches the letter “b” with a banana and ball.
- Is able to hear rhyming words when spoken such as “cat” and “hat”.
- Begins to write the letters in his/her own first name and can recognize his/her name in print.
- Able to show “top” and “bottom”, “in” and “out” and “under” and “over”.
- Recognizes words or signs he/she sees often, for example: McDonalds, Wal-Mart or Stop signs.

### Reading Books
- Shows growing interest in reading and being read to.
- Holds and looks at books correctly, for example: holds the book right side up and turns the page one at a time from front to back.
- Retells a simple story such as the *Three Little Pigs* after listening to it while looking at the pictures in the book.
- After listening to a story, tells what might happen next.

### Numbers, Shapes and Patterns
- Counts from 1 to 10 in the correct order.
- Puts written numbers in order from 1 to 5: 1, 2, 3, 4, 5
- Counts at least 5 objects such as 5 apples and 5 coins.
- Sees a number, from 1-5, such as 3 and understand this means 3 objects such as 3 cookies.
- Recognizes and names 3 shapes: circle, square and triangle.
- Repeats a pattern you start, for example: step-step-jump, step-step-jump.

### Speaking and Listening
- Speaks in complete sentences.
- Follows directions with at least two steps.
- Asks “what if” and “how” questions.
- Says and/or sings familiar songs and nursery rhymes.
- Answers simple questions in complete sentences: who, what, where and when.

### Exploring and Discovering
- Expresses ideas through pictures he/she draws, for example: a child draws a picture of 3 family members and says who each one is.
- Matches two pictures that are alike; puts puzzles together.
- Sorts groups of objects and says which are the same shape, color or size.
- Tells things that go together, for example: a spoon and fork are for eating and a fish and boat go in the water.
- Recognizes and names at least 8 colors.
- Uses pencils, crayons and markers for drawing and writing; cuts with scissors.

### Health and Safety
- Uses “more” and “less” correctly.
- Puts three pictures in order, for example: 1. Planting flower 2. Flowers growing 3. Picking flowers.
- Copies a line, circle, square and triangle.
- Follows a set routine and schedule for preparing for bed, personal hygiene and eating meals.
- Uses good habits, for example: uses a spoon to eat, closes mouth when chewing, blows own nose, covers nose and mouth to sneeze and washes hands after using the toilet and before eating.
- Follows simple safety rules.
- Visits the doctor and dentist regularly.
- Tells first and last name.
- Knows his or her full address and telephone number.

### Growing Up
- Tells if he/she is a boy/girl and how old they are.
- Takes care of own needs such as toileting, washing hands, dressing and trying to tie his/her own shoes.
- Adjusts to new situations without family members being there.
- Runs, jumps, hops, throws, kicks and bounces a ball.
- Rides a tricycle.
- Attempts new tasks knowing it’s okay to make mistakes.
- Plays cooperatively with peers (takes turns, shares and resolves problems).
- Respects the feelings, rights and belongings of others.
- Uses words to express feelings, “I’m angry”, “I’m happy”.

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